

MASTER THE NEXT 90: *Sneak Peek!*

BEFORE YOU START

Could you drive from Houston to New York without a map, a compass, GPS, road signs, headlights, or help from others?

IF YOU CAN'T...
THIS IS FOR
YOU! ↗



IF YOU CAN...
READ SOMETHING
NEW! →





Where are you right now?

Stage 1

Remove the Chaos!

In the early stages, businesses often grapple with myriad challenges, from financial constraints to operational inefficiencies. This stage is about identifying those pain points and creating systems to address them.

CHECK IN

Stage 2

Mastery, Niche, and Leverage!

Once the initial chaos is under control, the focus shifts to mastering core competencies, defining a unique market niche, and leveraging assets for growth.

CHECK IN

Stage 3

Get the Right People in the Right Seat!

For sustained growth, having a competent team is essential. This stage is about ensuring that employees fit their roles perfectly and contribute to the company's vision.

CHECK IN

Stage 4

Synergy & Results!

At this mature stage, the business should be operating like a well-oiled machine. The emphasis is on ensuring all parts of the business work harmoniously together, driving consistent and positive results.

CHECK IN

FINISH

Where do you want to be?



4 STEPS TO ACHIEVING GOALS SYSTEMS

1.

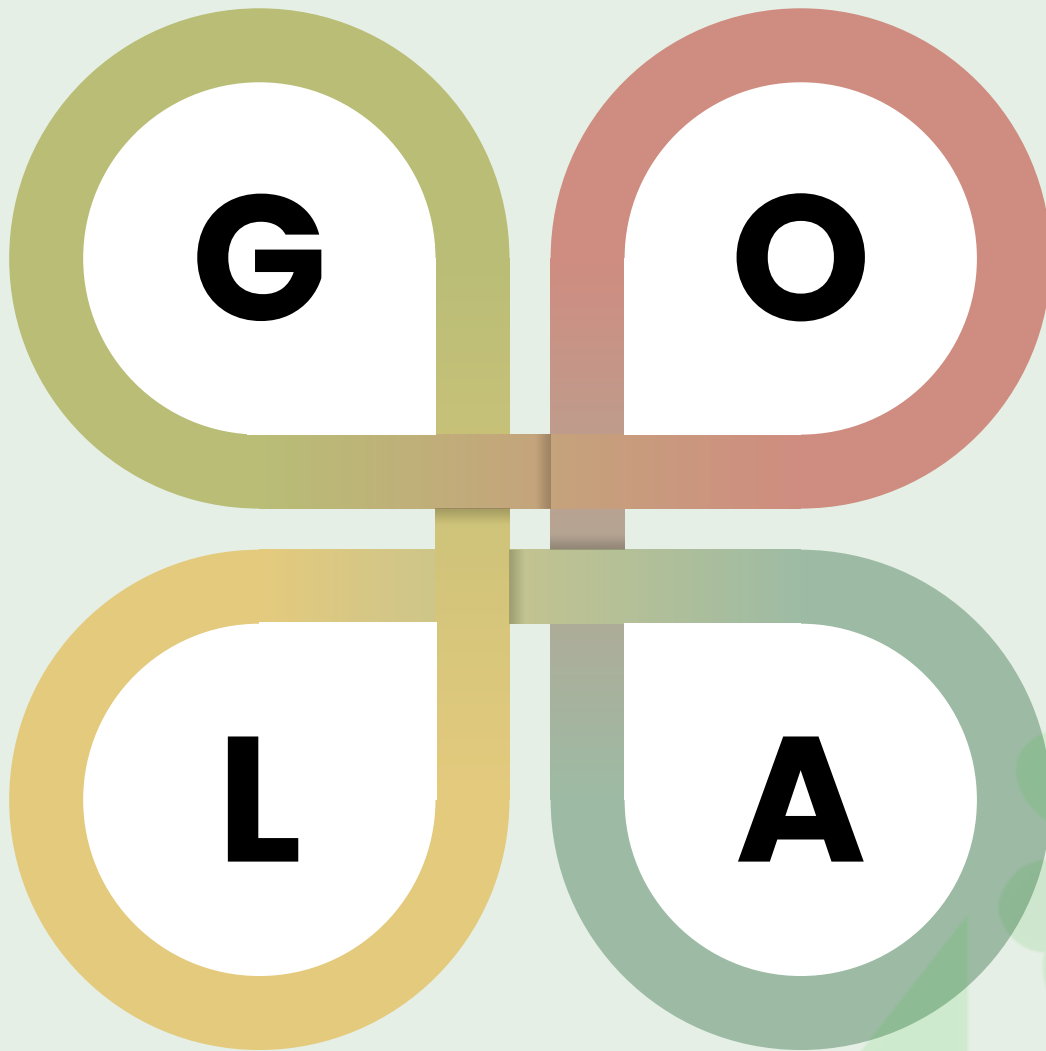
Generate a schedule

To establish a structured timeline for goal achievement. Time management is crucial for success.

2.

Organize the system

To create a clear and streamlined process that minimizes obstacles and inefficiencies.



4.

Longevity

To ensure that the goal-achieving system remains effective over the long term.

3.

Accountability

To ensure commitment and responsibility towards goal achievement.

ACTION BRAINSTORMING

ACTION BRAINSTORMING CAN HELP IDENTIFY WHAT THINGS ARE HELPING OR STOPPING YOU FROM ACHIEVING YOUR GOALS.

MY GOAL:

**STOP
DOING:**

**DO
LESS OF:**

**KEEP
DOING:**

**DO
MORE OF:**

**START
DOING:**



SMART GOALS

S

SPECIFIC

Clear and unambiguous goals provide a direct path to what you want to accomplish, removing any vagueness or generalities.

What do I want to accomplish?

M

MEASURABLE

Establishing concrete criteria for tracking progress toward the goal's achievement. By measuring your progress, you stay on track and remain motivated.

How will I know when the goal is accomplished?

A

ACHIEVABLE

Ensuring that the goal is realistic given available resources and constraints. It should stretch your abilities but still remain possible.

What are the potential obstacles, and how can they be overcome?

R

RELEVANT

The goal should matter to you or your organization and align with other relevant goals. It should be worthwhile and applicable in the current environment.

Does this seem worthwhile?

T

TIME-BASED

Setting a deadline ensures a sense of urgency and provides a timeframe, which helps in preventing everyday tasks from taking precedence over your longer-term goals.

By when do I want to achieve this goal?

SETTING SMART GOALS

Think of a goal!

Use these questions to guide you!

Goal 1:

Specific — What do I want to accomplish and why?

Measurable — How will I know when I have accomplished it?

Achievable — How can I accomplish this goal?

Relevant — Is this the right time for me to be working towards this goal?

Timebound — When do I want to accomplish this goal by?

Goal 2:

Specific:

Measurable:

Achievable:

Relevant:

Timebound:

Goal 3:

Specific:

Measurable:

Achievable:

Relevant:

Timebound:

Goal 4:

Specific:

Measurable:

Achievable:

Relevant:

Timebound:

LUIS PROCESS



SUSTAIN

Ensure that the newly implemented practices or knowledge become a consistent part of the system or routine, and don't fade away with time.



IMPLEMENT

Put the learned and understood knowledge into practical action or use. It's about translating theory into practice.



UNDERSTAND

Building upon what has been learned, this stage is about deeply comprehending the intricacies and nuances.



LEARN

This is the foundational stage where individuals or organizations gather knowledge and insights about a new concept, skill, or methodology.



DAILY PLANNER

Conduct a time study of your day to see what you actually spend your time on!

You can manage what you measure!



DATE

S M T W T F S

6:00	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
1:00	
2:00	
3:00	
4:00	
5:00	
6:00	
7:00	
20:00	
8:00	
9:00	
10:00	

TOP 3 PRIORITIES TODAY

What are the top 3 things you must get done today?



THINGS THAT COME UP TODAY:

There will be things that come up in meetings, or events... put them here!



Speak kindly to yourself!
Reminder yourself here!



DAILY AFFIRMATIONS:

THINGS TO ADDRESS TOMORROW:

You might not get everything done today, so what tasks/followups/etc do you need to push to tomorrow?



MISCELLANEOUS NOTES

Anything else that crosses your mind throughout the day? Put them here!



MEETING BRAINSTORM

Recorded by: _____

.....
Date & Time:

Location:

Meeting Name:

Meeting Subject:

Attendees:

A collection of 12 empty circles of various sizes, arranged in a roughly circular pattern, intended for brainstorming ideas. The circles are of different diameters, with the largest one in the center. The circles are arranged in a roughly circular pattern, with the largest one in the center. The circles are arranged in a roughly circular pattern, with the largest one in the center.

Notes:



Project Planner

GOAL

Break down your goal into 3 simple targets:

Target 1

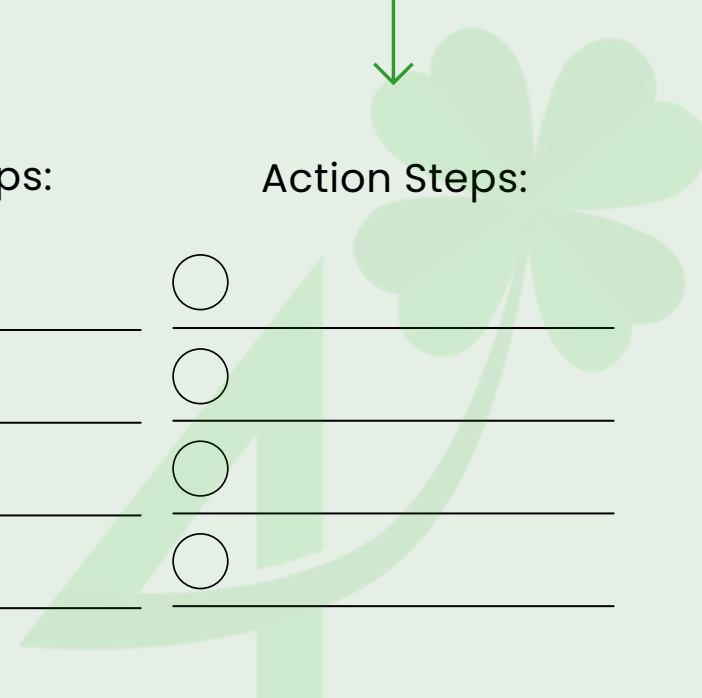
Target 2

Target 3

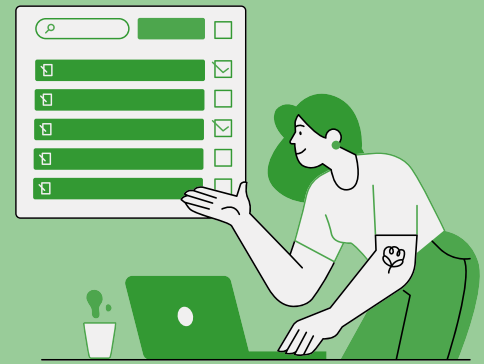
Action Steps:

Action Steps:

Action Steps:



Killer Tips: Develop Effective Habits



START SMALL AND BE CONSISTENT

Consistency is key, commit to practicing the habit daily to reinforce its development.



SET CLEAR AND SPECIFIC GOALS

Make your goals measurable, achievable, and relevant to keep yourself motivated.



FOCUS ON THE WHY

Understand the reasons behind developing the habit and its positive impact on your life.



TRACK YOUR PROGRESS

Keep a habit tracker or journal to monitor your daily adherence to the habit.



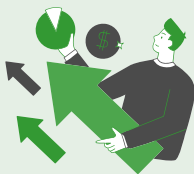
USE POSITIVE REINFORCEMENT

Celebrate small wins and reward yourself for sticking to the habit. Positive reinforcement encourages continued behavior.



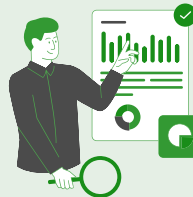
BUILD A SUPPORT SYSTEM

Share your habit-building journey with friends or family who can encourage and support you.



REVIEW AND ADJUST

Visualize yourself performing the habit effortlessly and achieving your goals.



LEARN FROM SETBACKS

Accept that setbacks are a part of the habit-building process. Analyze the reasons for setbacks and use them as opportunities to improve.



IMPLEMENT HABIT STACKING

Attach the new habit to an existing one that is already well-established. This way, you build on an existing routine to develop new habits seamlessly.



VISUALIZE SUCCESS

Regularly review your habit-building journey and assess the effectiveness of the habit.

5 Ways of Thinking That Will Improve Your Life



01

A Growth Mindset

Believe that you can grow and develop with effort, practice, and learning.



02

A Positive Mindset

Focus on the good things in your life and work to turn negative thinking into positive thinking.



03

An Open Mindset

Strive to remain open-minded by considering different perspectives and challenging your own beliefs.



04

A Creative Mindset

Looking at problems from a different perspective can often lead to innovative solutions.



05

A Confident Mindset

Developing a confident mindset will help you take on challenges with courage and enthusiasm.

READY TO GET YOUR ROADMAP?

SCAN HERE

START NOW!



YOUR ONLY REGRET WILL BE
NOT STARTING SOONER!

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